

# PUSH IT

**Choreographer:** Dan Morrison      [danmorrison@bell.net](mailto:danmorrison@bell.net)

**Dance:** 32 Counts, 4 Walls, Intermediate

**Song:** Push Push

**Artist:** Kat DeLuna ft Akon

**Intro:** 32 Counts, start on Lyrics (first downbeat)

## **R Bumps, L Bumps, 3/4 Chase turn, L Coaster**

- 1&2 Touch R forward pushing hips (R,L,R) **wt on R**
- 3&4 Touch L forward pushing hips (L,R,L) **wt on L**
- 5&6 Step R forward (5) 3/4 pivot L (&) Step R side R (6)
- 7&8 Step L back (7) Step R beside L (&) Step L forward (8)

## **Walk 2x, Kick-Ball-Cross, Side, Behind, Rock-Step-Cross**

- 1-2 Step R forward (1) Step L forward (2)
- 3&4 Kick R forward (3) Step R back (&) Step L over R (4)
- 5-6 Step R side R (5) Step L behind R (6)
- 7&8 Step R side R (7) Step L in place (&) Step R over L (8)

## **Step, 1/4 Step, Cross-Shuffle, Step, Step, Bumps**

- 1-2 Step L side L (1) 1/4 turn R, Step R back (2)
- 3&4 Step L over R (3) Step R back (&) Step L over R (4)
- 5-6 Step R back (5) Step L back (6)
- 7&8 Bumps hips (R,L,R) **wt on R**

## **Step, Point, Cross-Shuffle, Rock-Step, Behind-1/4-Step**

- 1-2 Step L forward (1) Point R side R (2)
- 3&4 Step R over L (3) Step L side L (&) Step R over L (4)
- 5-6 Step L side L (5) Step R in place (6)
- 7&8 Step L behind R (7) Step R 1/4 R (&) Step L forward (8)

**HAVE FUN AND ENJOY**