

# FOREVER YOUNG

**Choreographer:** Thomas C. Tam (Canada) (July 2009)

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**Description:** 32 count, 4 wall beginner line dance

**Music:** *Forever Young* by Ella (Crystal Radio Mix or Pop Radio Mix) Available on iTunes

Intro: Crystal Radio Mix – 32 counts (16 sec) – start on heavy drum beat

Pop Radio Mix – 72 counts (32 sec)

## ***RIGHT VINE, SCUFF; LEFT VINE ¼ TURN LEFT, SCUFF***

1-4 Step R to right side, step L behind R, step R to right side, scuff L to right diagonal

5-8 Step L to left side, step R behind L, turn ¼ left stepping L forward, scuff R forward (9:00)

## ***ROCKING CHAIR; FORWARD, HEEL BOUNCE X3 ½ TURN LEFT***

1-4 Step R forward, recover on L, step R back, recover on L

5-8 Step R forward, bounce heels thrice turning ½ left transferring weight to L (3:00)

## ***ROCK, RECOVER, TRIPLE ½ TURN RIGHT; ROCK, RECOVER, LEFT COASTER STEP***

1-2 Rock R forward, recover on L

3&4 Turn ¼ right stepping R to right side, step L next to R, turn ¼ right stepping R forward (9:00)

5-6 Rock L forward, recover on R

7&8 Step L back, step R next to L, step L forward

## ***DISCO STEP ¼ TURN LEFT X2***

1-4 Step R to right side, touch L next to R, turn ¼ left stepping L forward, touch R next to L (6:00)

5-8 Step R to right side, touch L next to R, turn ¼ left stepping L forward, touch R next to L (3:00)

***START AGAIN & ENJOY THE DANCE!***